

# AMPED

*Advanced Men's Pulsewave Erectile  
Dysfunction Program*



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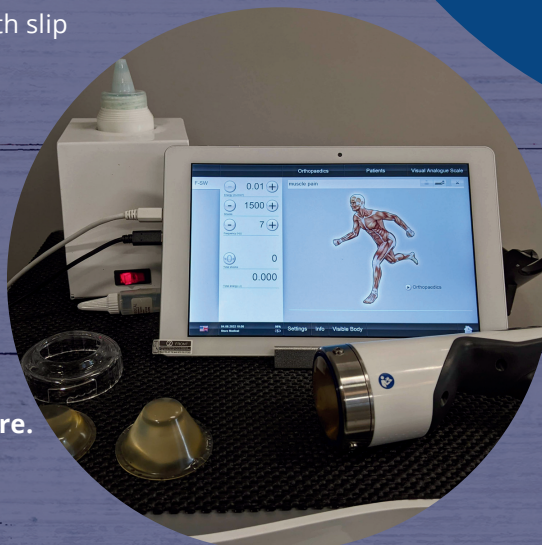


## *What Is AMPED?*

At The Healing Sanctuary, we take a **holistic approach in reaching the root cause of male Erectile Dysfunction**. Unlike most men's health clinics, our aim is to expand on each of the areas known to cause Erectile Dysfunction (ED) rather than just offering a pill.

**Approximately 50% of men in the United States suffer from some degree of ED starting as early as age 40.** *Between the years of 40-70, there is an expected 15% increase in the probability of having some degree of ED.* The research found this is due to vascular and erectile tissue changes as men age.

Men sometimes let their health slip through the cracks. *Let us help treat your ED symptoms and improve your overall health while reducing your risk for other medical ailments such as cardiovascular disease, diabetes, obesity, sleep apnea, hypertension, and more.*



### Hormone Optimization

Bioidentical Hormone Pellets may help men experience **increased libido, better erections, improved energy, better muscle gains, weight loss, clearer thinking, improved cholesterol levels, less anxiety/depression, and more.**



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## ***Pulsewave Therapy***

**Pulsewave Therapy is a breakthrough, evidence-based approach to treating urological pain and vascular disorders associated with Erectile Dysfunction.** *Clinically proven and does not have any known risks, complications and discomfort like that of pills, needles, and surgery.* Generally, six treatment sessions are necessary two times per week. Treatments are 15-20 minutes and **patients can return to normal activity immediately following the procedure.**

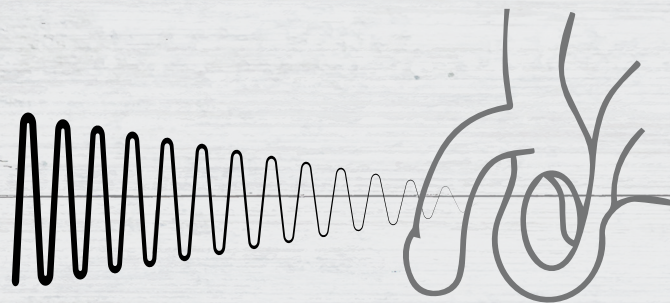
*After the series of treatments, many patients report having:*

**Improved Erectile Function**

**Increased Stimulation**

**Improved Satisfaction**

Focused  
Pulsewave  
Technology



This technology **concentrates on a focused area verses a radial technique** that targets a broader muscle area (knees, shoulders, etc.)



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## Medications & Supplements

As an integrative medical clinic, we utilize both *pharmaceutical medications and a wide range of supplements*. These may be valuable for **managing ED, prostate enlargement, adrenal fatigue, anxiety, depression, gastrointestinal disruption, and more.**

## Psychological

*Depression and anxiety can contribute to erectile dysfunction.* We offer unique therapies including **B12 shots, Procaine Infusions, and a vast selection of natural supplements targeted to treat anxiety and depression.** If getting “in the mood” is a challenge, we can also discuss supplements to help with increasing desire.

## Diet/Nutrition + Exercise/Sleep

Having your diet, activity level and sleep in check, can **improve** the following medical conditions: **cardiovascular health, hypertension, diabetes, cholesterol levels, sleep apnea, and prostate health.** *We also offer a variety of weight loss methods to help kick start your weight loss journey.* Learn the breakdown of your body composition to know the components making up your total body weight with a BIA Session.

## Hyperbaric Oxygen

Hyperbaric Oxygen Therapy allows the body to integrate **more oxygen into blood cells, blood plasma and other bodily fluids.** *Compromised tissue in the body begins to receive oxygen and blood circulation to the tissue resumes, resulting in healing.* These treatments also increase Nitric Oxide, which is **necessary for vessel dilation and critical for firm erections.** This therapy has broad impacts on overall health and is included as part of your AMPED treatment package.

\*This content is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read on this handout.