



Injections

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Injections



B12

An excellent way to get your body the vitamins it needs is through an injection of B12. It's **quick and easy** and you should see an **improvement of moods and energy within 1-2 days**. *Depending on how deficient you were in B12, you may feel symptoms returning within 5-8 days.* Studies and case reports have found that even those with normal blood levels of B12 benefit from B12 injections. *The key to feeling better and helping your body get this critical vitamin is maintaining a frequent weekly injection program.* Some may be able to decrease frequency of injections to 1-2 times/month as desired.



Thiamine

Thiamine injection is a quick and effective way to replenish vitamin B1 levels in the body. Vitamin B1 plays an essential role in converting food into energy, **supporting healthy nerve function, and maintaining brain and heart health**. Injectable thiamine may be recommended for individuals with low vitamin B1 levels, poor nutrient absorption, increased nutritional needs, or symptoms of deficiency such as **fatigue, weakness, brain fog, or neuropathy**. Many patients report improved energy, mental clarity, and overall wellness following treatment

Toradol

Toradol is used to relieve moderately severe pain, usually pain that occurs after an operation or other painful procedure. It belongs to the group of medicines called nonsteroidal anti-inflammatory drugs (NSAIDs). **Toradol is not a narcotic and is not habit-forming.** It may not cause physical or mental dependence, as narcotics can. It is sometimes used together with other medications to provide better pain relief than either medicine used alone.

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Procaine

Procaine is well-known as a safe and nontoxic local anesthetic; however, *its therapeutic value extends far beyond its local anesthetic effects*. Chemically, procaine is an alcohol ester of p-amino benzoic acid (PABA), and is broken down and detoxified by the enzyme plasma cholinesterase, which occurs in all body tissues. It is metabolized so thoroughly that only a small part of it needs to be detoxified by the liver and only 2% is eliminated through the kidneys.

In addition to PABA, (part of the vitamin B complex), procaine is broken down into diethyl-amino-ethanol. *Both have antihistamine effects*. PABA is an active agent against pathological sclerosing and hardening of tissues. Diethyl-amino-ethanol is a vasodilator, **which improves blood flow and can lower blood pressure**. It also has a **mild stimulant effect on the central nervous system and helps with anxiety**. The local anesthetic effect of procaine plays only a small part in its **many positive effects on the human body**.

IRR (Infraspinatus Respiratory Reflex)

During an asthma attack or other respiratory disorders, the infraspinatus respiratory reflex nerve bundle is *triggered by the nervous system that causes bronchial spasms*. The IRR injection induces a response that **relaxes the muscles** and in the long-term will **assist in resetting the nerves that stimulate the muscles to prevent future breathing problems**. *In some cases, for an acute asthma attack, often only one treatment during the attack is needed*. For chronic asthma, 3-5 IRR injections might be more successful at eliminating the condition altogether.

This technique consists of injecting a solution near the shoulder blade or scapula bone. *Ozone air may also be used with the injection*. **This helps reduce inflammation and increases oxygenation to the area to assist with healing the nerves and muscle tissue.**

Vitamin D

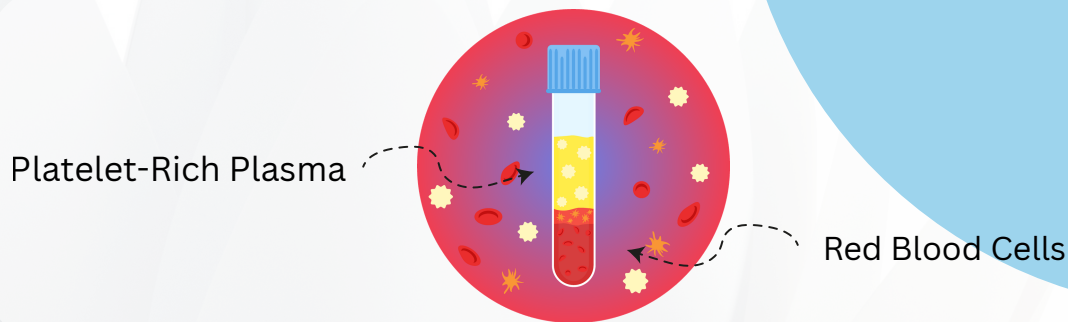
Vitamin D is a nutrient that is very important for the body. **It is necessary to absorb calcium and build bone**. It is also important as it helps regulate many other body processes such as a strong immune system. It is anti-inflammatory, antioxidant, and neuroprotective. Vitamin D is not found naturally in many foods so **supplementation is necessary for healthy bones and a strong immune system**.

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PRP (Platelet-Rich Plasma)

This treatment uses your own blood cells to accelerate healing in a targeted area. **Platelets are a crucial type of cell in our blood that play an important role in healing.** PRP is produced by spinning the blood in a centrifuge to allow separation of blood contents. The purpose of platelets with PRP is to **introduce growth factors directly at the injury site.** These growth factors then help repair injuries and enhance healing. Common uses for PRP injections are: **Tennis elbow, Knee Osteoarthritis, Sports Injuries, Wounds & Hair Loss.**



Prolozone®

Prolozone® is a homeopathic/oxygen injection technique for treating all forms of **musculoskeletal and joint pain including chronic back pain, rotator cuff injuries, degenerative and arthritic hips and knees, degenerated discs, and shoulder and elbow pain.** The good thing about Prolozone is that because it **corrects the pathology of the disorder**, there is a 75% chance for the chronic pain sufferer to becoming permanently pain-free.

Prolozone is derived from the Latin word "proli" which means to regenerate or rebuild and the word ozone. *Ozone is the most highly active form of oxygen in the universe.* **Prolozone uses the power of oxygen to cause damaged tissues, joints, ligaments, and tendons to regenerate.** *This may cause complete healing and a permanent end to pain.*

The reason that some injuries completely heal and others don't, has to do with circulation. In order for a damaged area of the body to regenerate and heal, it must have the critical elements that only the blood can provide: vitamins, minerals, and oxygen. *For best results, prolozone injections are repeated several times over the course of one year, but some patients will see improvements after just one injection.*

*This content is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read on this handout.