



# Menopause Defense

For Menopause Symptoms

- Alleviates menopausal symptoms: hot flashes, night sweats, etc.
- Aids immune system
- Natural alternative to estrogen therapy
- Reduces PMS and menstrual cramps

## Suggested Use:

2-3 Capsules daily or as directed by a qualified health professional.

## Supplement Facts

**Serving Size:** 1 Capsule

**Servings per Container:** 60

Proprietary Blend 2,000 mg  
Sage herb extract, sarsaparilla root extract, alfalfa herb extract, wild yam root extract, and evening primrose oil.

Other Ingredients: Magnesium stearate, gelatin capsule.

## Proprietary Blend:



### Sage (*Salvia Officinalis*)

Sage is specifically blended in Menopause Defense for its anti-inflammatory and antiseptic/antibacterial properties, its ability to relieve pain and tension, and largely for its ability to relieve menopausal symptoms.



### Sarsaparilla (*Smilax Aspera*)

In Menopause Defense, sarsaparilla root extract has been added to aid the immune system by countering infectious microbes, reducing inflammation, and decreasing the body's toxic load. Sarsaparilla also plays an important role in supporting the liver, which is imperative for overall wellness, filtering toxins, storing nutrients, and producing hormones and digestive substances.



### Alfalfa Herb (*Medicago Sativa*)



### Wild Yam Root (*Dioscorea Villosa*)



### Evening Primrose (*Oenantha Biennis*)

The remaining oils and extracts in Menopause Defense were chosen for their exceptional vitamins and minerals, extraordinary hormone-balancing abilities (alfalfa and wild yam being chemically similar to estrogen), calming effects, and means of easing menstrual cramps and PMS.

The ingredients in this product are supplied by well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.