

# **Allergy Defense**

Useful for Allergy Symptoms

May help normalize your body's response to irritants affecting the respiratory, skin, and digestive systems.

## Suggested Use

1 Capsule up to 4 times daily or as directed by a qualified health professional.

## **Supplement Facts**

Serving Size: 1 Capsule

Proprietary Blend 850 mg

Concentrated Extracts of Agrimonia eupatoria (Agrimony) Leaf, Petasites japonicus (Butterbur) Root, Plantago major (Plantain) Leaf, Citrus Bioflavonoids, Quercetin, Trace Mineral Complex (from Sea Water), Citrus limonum (Lemon) Peel Oil



## **Agrimony**

Been shown to have antioxidant, anti-inflammatory, and analgesic properties.



#### **Butterbur**

A randomized controlled trial conducted at a Swiss allergy clinic concluded that Butterbur extract is comparable in activity to cetirizine (Zyrtec) without drowsy side effects. Butterbur has also been shown to be an effective preventive for migraine headache.



#### **Plantain**

has been shown to have immune enhancing, hepatoprotective, gastrointestinal antiinflammatory, pulmonary, urinary and dermatologic effects.



### **Lemon Oil**

has been shown to have anti-inflammatory, antioxidant and antimicrobial effects.



#### **Citrus Bioflavinoids and Quercetin**

have been shown to have anti-allergic, antioxidant, and immunomodulating properties.



#### Trace Minerals

have been shown to activate antioxidant enzymes.

The ingredients in this product are supplied by well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.