



Healing Bliss

- Reduces depression/anxiety
- Alleviates PMS & migraines
- Improves sleep
- Reduces insulin levels
- Reduces inflammation
- Lowers blood pressure
- Aids weight loss
- Boosts serotonin levels

If you're looking for a supplement to put your mind and body at ease, *Healing Bliss* provides a unique blend of herbal extracts to do the trick. Pure 5-HTP extracted from the Griffonia seed, and passionflower come together to work in synergistic harmony.

Suggested Application

Take 1 capsule morning and evening, or as directed.

CAUTION: 5-HTP should not be used in combination with SSRI antidepressant medications, Carbidopa, Sumatriptan, Tramadol.

Other Ingredients

Inositol, magnesium stearate, gelatin capsule

This formula includes:



5-HTP (*from Griffonia simplicifolia seed*)

Made from tryptophan, is a precursor to serotonin, which helps relay signals between brain cells and regulates mood and behavior. As a result, supplementing with 5-HTP is highly beneficial for improving sleep, mood, anxiety, appetite, migraines, weight management, and pain sensation in fibromyalgia.



Passionflower (*Passiflora incarnate*)

By increasing levels of the brain chemical GABA, passionflower can improve menopausal symptoms, PMS, insomnia, depression, anger, headaches, and help balance hormones. It has also been shown to aid in lowering blood pressure, reducing anxiety, addressing ADHD symptoms, reducing insulin levels, and lowering system-wide inflammation.

The ingredients in this product are supplied by well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.