

Bioidentical Hormones

Hormone Replacement Pellet Therapy FOR MEN & WOMEN



Schedule an
Appointment
Today!

As the body ages, it begins to produce fewer hormones. This can lead to many symptoms caused by the imbalance.

Common Symptoms of Hormone Imbalance

- Mood Changes, Depression, and Anxiety
- Brain Fog, Memory Loss
- Fatigue, Lack of Motivation
- Low Libido
- Weight Gain
- Night Sweats
- Joint Pain
- Dry and Wrinkled Skin
- Hot Flashes in Women
- Vaginal Dryness

The Healing Sanctuary uses Bioidentical Hormones, they are identical in structure to the hormones made in the body. Instead of creams or shots, a small pellet, formulated individually, is implanted below the skin. This pellet produces a more consistent and stable delivery method, providing a steady hormone level over 3-5 months.

Benefits of Balanced Hormones

- Improvement in Energy, Mood, and Mental Clarity
- Improvement in Quality of Life
- Limit Age-Related Illness or Disease
- Increase Ability to Lose Weight
- Restore or Increase Sex Drive
- Lower Risk for Heart Disease and Osteoporosis
- Protects Heart, Brain, and Bones

Start feeling better...

Book an Appointment Today!

208-497-0500
HealingSanctuary.clinic

Bioidentical Hormone Replacement Therapy



The Healing Sanctuary
Discover. Heal. Teach. Live.

Pellet Appointments

Visit 1

Questionnaire filled out and labs drawn to assess hormone deficiency. Process of pellets explained.

Visit 2

Labs are reviewed in detail & **recommendations on all laboratory findings are provided.** If the patient chooses to proceed with pellet therapy, they will schedule a visit for pellet insertion. Supplement Hormone Balance will be started at time of pellet insertion.

Visit 3

PELLET INSERTION

LAB

5 WEEKS POST INSERTION: Stop by for a lab draw to assess hormone levels.

Visit 4

1 Week Later: Follow up on labs and hormone pellets. Evaluation of improvements and side effects addressed. A free hormone boost is given if indicated. Nutrition or environmental toxin consult recommended if needed.

Visit 5

3-6 months after initial insertion return to the clinic for 2nd pellet insertion. Women usually return in 3-4 months, men usually return in 4-6 months. This appointment is made the moment you feel the pellets wearing off (i.e. fatigue, hot flashes return, etc.).

Labs may be drawn again as needed for fine-tuning of pellet dosing. Follow-up 3-6 months later to continue your pellet therapy.

Pellets continue to be inserted every 3-6 months. Labs will be drawn at least annually with Hormone Replacement Pellet Therapy.

Continue Enjoying Benefits of HRT!

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