



# Selenomethionine

*Indicated for Thyroid Support & Hair Growth*

**Selenium is natural antioxidant that supports the immune system, healthy blood flow, and regulates thyroid gland function and protects body from infection and free radicals (these can damage cells in your body). Aids in DNA productions and reproduction.**

## Suggested Use

Take 1 capsule daily or as directed by your healthcare practitioner.

## Other Ingredients

Cellulose, and Ascorbyl Palmitate.

## This Formula Includes:

**Selenium 200 mcg** (*selenomethionine*)

**Selenium** is a trace element which is nutritionally essential for humans, is a constituent of more than two dozen selenoproteins that play critical roles in reproduction, thyroid hormone metabolism, DNA synthesis, and protection from oxidative damage and infection. Selenium is also a potent antioxidant.



**Methionine** is an essential amino acid found in protein sources of food that supports and improves healthy skin, hair and nails. It builds good proteins for the body and prevention of age related decreasing protein levels.

*Found naturally in: Brazil nuts, mushrooms, oats, lentils, bananas, sunflower seeds, almonds, liver, fish and eggs.*

The ingredients in this product are supplied by a well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.