



# Healing Clay

*Remineralizing Dietary Supplement  
and/or Cosmetic Treatment*

**Green clays are curative volcanic ashes that detoxify and restore mineral balance. This illite clay contains only natural materials treated mechanically without any chemical additives. As a bacteria-destroying agent, it can render contaminated water innocuous. When ingested, it travels along the digestive tract eliminating toxic agents and bacteria. It has a long use for diarrhea and other gastrointestinal problems.**

*Consider Illite Clay For: Acne, Bloating, GERD, Irritable bowel (IBS), Crohn's disease, Ulcerative colitis, stomach ache, nausea, and gastritis.*

## Suggested Uses:

**Internal Use:** Stir one teaspoon (3 g) into a glass of water (avoid a metal spoon). Allow to stand at least 15 minutes (preferably overnight) stir and drink the "clay milk" first thing in the morning and as needed, or as directed by a health care professional.

**External Use:** Mix with floral water (hydrolat), distilled water, or herbal tea to make a spreadable paste. Add essential oil if desired. Apply the paste as a poultice as needed or use as a weekly facial mask. Refrigerate or discard unused portion.

**Quantity:** 8oz.

*The ingredients in this product are supplied by the well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.*

## Mineral Profile:

### Major Minerals %

Silica (SiO <sub>2</sub> )	49.5 +/- 2.5
Aluminum (Al <sub>2</sub> O <sub>3</sub> )	14.0 +/- 1.0
Calcium (CaO)	8.0 +/- 1.0
Iron (Fe <sub>2</sub> O <sub>3</sub> )	5.0 +/- 1.0
Magnesium (MgO)	4.0 +/- 1.0
Potassium (MgO)	2.5 +/- 0/5
Sodium (Na <sub>2</sub> O)	0.2 +/- 0.1
Manganese (MnO)	0.2 +/- 0.1
Phosphorus (P <sub>2</sub> O <sub>5</sub> )	.015 +/- 0.05

### Trace Minerals (ppm)

Copper (Cu)	20 +/- 10
Cobalt (Co)	15 +/- 10
Lithium (Li)	3 +/- 1
Molybdenum (Mo)	< 1