



# Glucose Balance

## Indicated for Metabolic disorders

This formula helps maintain a healthy blood sugar level to assist with metabolic syndrome and encourage a healthy body weight. It contains a synergistic combination of herbal extracts, Vitamin E, and Chromium to enhance therapeutic effects. Cinnamon & water soluble Vitamin E help increase the absorption of berberine. The berberine is dosed at 300 mg to minimize adverse GI effects. Studies have shown that berberine exhibits efficacy comparable with that of conventional oral hypoglycaemics such as metformin with fewer side effects.

## Suggested Use

Take 2 capsules with each meal (start with 1 tablet and increase as tolerated) or as directed by a qualified health professional.

**Quantity:** 120 Capsules.

## Other Ingredients

Milk Thistle, Vitamin E, Chromium, MSM and Gelatin Capsule.

## This Formula Includes:

**Berberine** (*dihydro, dimethoxybenzo, benzodioxolo & quinolizinium*)  
Can help strengthen the heartbeat, regulate sugar in the blood and helps reduce swelling.



**Cinnamon** (*cinnamomum verum*)  
Contains anti-inflammatory, anti-viral, anti-bacterial and anti-fungal properties. May support gut health, manage blood pressure and can lower blood sugar.

**Fenugreek** (*Trigonella foenum-graecum*)

Fenugreek has benefits for lowering blood sugar levels, boosting testosterone, and increasing milk production in breastfeeding mothers. Fenugreek may also reduce cholesterol levels, lower inflammation, and help with appetite control.



*The ingredients in this product are supplied by the well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.*