



Healing Magnesium 100

Indicated for Daily Support

Magnesium is an extremely important mineral involved in many very important enzymatic pathways. It is involved in energy metabolism, inhibits platelet aggregation, dilates blood vessels, has antispasmodic effects on all muscle tissue types, and enhances immune function.

Suggested Use

Take 1 capsule daily or as directed by a qualified health professional.

Quantity: 100 Capsules.

Other Ingredients

Magnesium, Microcrystalline Cellulose, Magnesium Stearate & Gelatin Capsule.



Found Naturally In a Variety of Foods!

- Pumpkin & Chia Seeds
- Almonds & Cashews
- Spinach
- Black Beans
- Soy Products
- Peanut Butter
- Brown Rice
- Salmon
- Yogurt & Milk
- Avocados
- Bananas
- Dark Chocolate



The ingredients in this product are supplied by the well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.