



PEMF

Pulsed Electromagnetic Therapy



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<https://healingsanctuary.clinic/health-services/>

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What Is PEMF?

Pulsed electromagnetic therapy (PEMF) is a cousin of the electrical TENS therapy, working by directly **stimulating cellular repair**. To understand how it works, a mini quantum physics lesson is in order: *Everything in the entire universe is made up of atoms, including human cells/tissues/organs, and each atom emits its own special frequency of electromagnetic energy. Humans have already been using this electromagnetic energy to make a map of the internal body with MRI and CAT scan technology, so it stands to reason electromagnetic energy could have therapeutic effects as well, and credible studies have proven this true.* PEMF creates micro-currents inside of tissues triggering a domino effect of **biological processes to aid damaged tissue**, like recharging your cells' batteries. **Sitting in the PEMF chair for 30 minutes or less can energize the natural healing power within each cell of the body, resulting in tremendous benefits.**

Oxygenating the Blood

Blood passes on nutrients and oxygen, while absorbing toxins or enzymes from all the major organs by use of capillaries. Blood cells which power down lose their charge and stick to one another causing the Rouleaux effect. If the Rouleaux effect, *blood cells that stick together*, is present in the blood the organs cannot be properly serviced by the blood since they are clumped together and cannot pull into a tiny capillary. PEMF positively charges blood cells so that they repel one another (like magnetic charges repel) making it impossible for them to stick together. This maximizes the ability of the blood cells to perform their tasks in the capillaries of all the major organs. **The work of the lungs, liver, intestines and kidneys is optimized when proper and full blood flow can take place.** *When the blood is oxygenated, so are the organs and tissues, reducing disease which can produce imbalances, sickness and eventually cancers.*

PEMF



Can Help With:

- Healing Bone Fractures
- Increases Bone Density
- Relieves Arthritis
- Reduces Stress
- Increases Circulation
- Reduces Inflammation
- Detoxes Cells
- Alleviates Aches/Pains
- Absorbs Nutrients
- Relieves Injury & Fatigue
- Improves Sleep
- Supports Neurotransmitter Balance

Benefits:

Improves the quality of life helping us age youthfully. As our cells are replaced through the natural aging process we want to ensure they are regenerated into a healthy environment. **PEMF ensures natural regeneration is carried out to its optimum potential.** *All the issues of aging are addressed by PEMF as cells are energized to perform at their optimal level, restoring quality of life.* **PEMF helps to improve sleep, increase vitality, improve physical mobility, reduce stress, and addresses the symptoms and pathology of disease.**

PEMF charges the cells batteries (ATP), and stimulates all the components involved in delivering oxygen and nutrients to the mitochondria for energy production. **PEMF enhances the body's delivery systems including circulation and hydration. PEMF increases oxygen absorption by energizing the cellular pumps, which boost the uptake of vital nutrients, and the expulsion of waste toxins produced during the metabolic process.** *Instead of blood doping, PEMF is blood optimization causing natural enhanced performance.*

Neurons are the core components of the central nervous system and include the brain and spinal cord. When damaged by disease or injury recovery is often difficult. Studies have shown that PEMF energy medicine is **beneficial for stroke management or brain injury, producing significant improvements in function by boosting brain plasticity, (the ability of the brain to remodel itself to improve motor function, enhance comprehension and speech).** *PEMF assists neurological disorders such as Parkinson's, Alzheimer's, and related issues such as depression and phobias because it stimulates neurons and brain cells to return to normal functioning frequencies.*

*This content is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read on this handout.