




HOCATTTM

Hyperthermic Ozone & Carbonic Acid
Transdermal Technology

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 <https://healingsanctuary.clinic/hocatt/>

HOCATT



What Is HOCATT?

The HOCATT™ is a single unit developed for a single purpose - **strategic wellness and vitality**. How does it do this? *Using a combination of powerful modalities, the HOCATT™ detoxes the body, improves circulation, boosts energy, and strengthens the immune system.*

How Does HOCATT Work?

The HOCATT™ delivers a combination of technologies perfectly sequenced to give a **gentle, but incredibly powerful session that boosts energy, and detoxifies the body down to the cellular level**. *The main technology is Transdermal Ozone, which is generated from pure Oxygen. You can think of Ozone as a Super-Oxygen!*

Each session is just 30 minutes long, which is another great thing about the HOCATT™. It allows you to do everything you need to do to achieve optimal wellness and vitality, or to reach a peak state of performance, and it delivers this to you ALL AT THE SAME TIME. Just 30 minutes out of your day!

The HOCATT™ has tremendous value: Not only do you receive so many modalities in one session, but because of the way these modalities support and potentiate one another - **you get twice the results!** *There is nothing else on the market that can do what the HOCATT™ does.*



HOCATT



Detoxing

The HOCATT™ is **7x more effective at detoxifying the body and chelating (binding) heavy metals than conventional saunas!** While relaxing in the HOCATT™, the **ozonated steam covers your skin, flooding your body with Super-Oxygen products!** *These bind to toxins and heavy metals, making it easier for your body to excrete them, and because the HOCATT™ is also a steam sauna chamber, you get to sweat the toxins out too!*

Not only does the HOCATT™ **detox your body, it also modulates the immune system.** It also **improves blood and lymph circulation, and enhances all organ function** - *including the production of hormones and enzymes.* The HOCATT™ also **reduces stress and anxiety, which is very important for immune health, promotes weight loss and produces nicer skin, hair and nails.**



Modalities

- Transdermal Ozone · CO₂/Carbonic Acid · Whole Body Hyperthermia (WBH)
- Far Infrared · Steam Sauna · Frequency Specific Microcurrents
- Exercise with Oxygen Breathing · Essential Oil Infusions · Photon Light & Colors · Ultraviolet Irradiation

HOCATT




Why is the Immune System so Important?

When it's working properly, the immune system is nature's most perfect healing network - it provides the ideal platform for the recovery of any illness or disease. **However, the immune system is not invincible!** *It can be weakened by things that overburden it, like heavy metals and toxins in the water we drink, the air we breathe, and the food we eat.* In today's world we are all steadily exposed to toxins, and most of us remain unaware as they continue to accumulate. **Eventually, the pace of incoming toxins may overtake the pace at which your body can eliminate them.** *When you reach this point, your body has no choice but to store some of these toxins, which it does in your fat cells.* A study done in 2005 found that blood samples from newborns contained an average of 287 known toxins - *if a newborn is exposed to that many toxins, imagine how many you have been exposed to in your life!*

This is why supporting the immune system is so important, because it's not just there to fight diseases - **a strong and balanced immune system will prevent you from getting sick in the first place.** With a strong immune system, everything works better! But what does this mean for you? *You'll FEEL better, LOOK better, PERFORM better, you'll have more energy, focus and drive.*

What to Expect During a Session



During the session, steam and far infrared rays (FIR) heat up the body with the intention of raising the core body temperature to rapidly induce an artificial fever. **All body processes are enhanced at higher temperature, including the production of hormones and enzymes.** *Keeping the body in a constant regenerative state helps the body to heal and stay healthy and energized.* The heat also dilates the pores and enhances circulation, and this is further potentiated by the carbonic acid. The FIR rays penetrate deeply into the skin and subcutaneous tissue, **relieving joint and muscle aches and pain and promoting the chelation of heavy metals from the body.**

*This content is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read on this handout.