



PATIENT INTAKE FORM

PATIENT INFORMATION

Today's Date: ____/____/____ Name: _____
Last Name First Name Middle Initial

DOB: ____/____/____ Age: _____ Gender: M F Height: _____ Weight: _____

Marital Status: Single Married Divorced Widowed

Address: _____
Street City State Zip Code

Home: (____) _____ Cell: (____) _____

Work: (____) _____ Preferred Contact Number: Home Work Cell

Email: _____

Emergency Contact: _____ Emergency Phone: (____) _____

Relationship to Patient: _____

YOUR HEALTH

What are your main concerns for the visit today? Please list in priority from 1 to 4.

1. _____
2. _____
3. _____
4. _____

CURRENT MEDICATIONS AND SUPPLEMENTS (That you're taking)

ALLERGIES

Medications/Supplements/Food/Environment:	Reaction: (rash, nausea, shortness of breath, anaphylactic shock)

ALCOHOL CONSUMPTION

How many drinks currently per week?

1 drink = 5 ounces wine, 12 oz beer, 1.5 ounces spirits

None 1-3 4-6 7-10 > 10

TOBACCO CONSUMPTION

Past Smoker Present Smoker

How many years? _____

Packs per day: _____

Recreational Drug Use: Current Former Never Unknown

REPRODUCTIVE HISTORY

Age of 1st Menses: _____

Date of Last Period: _____ / _____ / _____

Date of Last Pap Smear: _____ / _____ / _____

Date of Last Mammogram: _____ / _____ / _____

Date of Last Colonoscopy: _____ / _____ / _____

Date of Last Bone Density Scan: _____ / _____ / _____

MEDICAL AND SURGICAL HISTORY

DIAGNOSIS	DATE OF ONSET OR RESOLUTION

SURGERIES	DATE

FAMILY HISTORY

Please list any conditions or illnesses (i.e., cancers, high blood pressure, diabetes, autoimmune diseases, heart disease, blood disease, asthma, depression, substance abuse, celiac disease, IBS).

Family Member	Diagnosis	Age at Onset	If Deceased, Age of Death
Mother			
Father			
Brother			
Sister			
Paternal Grandmother			
Paternal Grandfather			
Maternal Grandmother			
Maternal Grandfather			