



Hyperbarics



Hyperbaric Oxygen Therapy (HBOT) is the **medical use of oxygen in a controlled, pressurized environment**. *The increased pressure allows oxygen to dissolve and saturate more effectively in the blood and body fluids (lymphatic fluid, plasma, cerebral spinal fluid & interstitial fluid).*

This is a **non-invasive therapy that allows all of the body's organs to receive more oxygen.**

DECREASES:

- Oxidative Stress to the Brain
- Combats Cellulitis (Bacterial Skin Infection) & in turn helps closure of wounds
- Anxiety & Depression
- DNA Age
- Inflammation & Pain
- Scar Tissue

IMPROVES:

- Overall Recovery
- Osteogenesis (Bone Building)
- Neurogenesis (Cognitive Improvement)
- Heart Health
- Tissue Regeneration & Blood Flow
- Sleeping Cycle
- Angiogenesis (Formation of New Blood Vessels)
- Stem Cell Proliferation & Mobilization
- Lung Pathology
- Brain Function & Reduces Risk of Stroke
- Memory & Mental Performance
- Collagen Production



*This content is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read on this handout.