

# Endobiogeny Panel

## What is an Endobiogeny Panel?

An endobiogeny panel is a set of indexes that are derived from some pretty standard blood work. Unlike regular blood work that only tells us what is in your bloodstream at the time the blood was drawn, the endobiogeny panel give us an idea of what is going on inside your body at the tissue, cellular and metabolic levels. Results from this panel include but are not limited to all four hormonal pathways including adrenal, neuroendocrine, sex, and pituitary hormones. Also included in the panel results are your free radical levels, carcinogenic marker levels, and diabetes markers.

## Why Should I do an Endobiogeny Panel?

1. **Mysterious Health Issues:** Some common conditions that are often unsolved puzzles in conventional medicine include diffuse muscle pains, abdominal pain, chronic diarrhea, chronic fatigue, weight gain, irregular menstrual cycles, premenstrual complaints, headaches, joint pains, infertility, memory disturbance, chronic sinus conditions, digestive problems, and lack of sex drive. These conditions can be caused by a variety of underlying imbalances that cannot be identified through conventional blood tests.
2. **Cancer or pre-cancer:** A number of physiological imbalances create a fertile ground for cancer growth. An endobiogeny panel can give you an indication of imbalances that should be addressed to support your body's ability to clear cancerous cells.
3. **Prevention:** If you have a family history of degenerative diseases such as Alzheimer's disease, multiple sclerosis, cancer, or cardiovascular disease, an endobiogeny panel can give you an idea of your predisposition to these problems and can help target imbalances that can be corrected to reduce your risk of developing these diseases.
4. **Known Medical Condition:** If you have been diagnosed with a common medical condition such as hypertension or diabetes and would prefer to get to the underlying root of the problem instead of simply counteracting your body's misbehavior with drugs, the endobiogeny panel can direct you to the underlying cause so that your therapeutic treatment can be directed more specifically.
5. **General Wellness:** If you are feeling well and want to stay that way throughout a long and happy life, the endobiogeny panel will help identify minor imbalances before they express themselves through symptoms or disease.

## What Should I do After Completing the Endobiogeny Panel?

Minor imbalances identified by your endobiogeny panel can usually be corrected with lifestyle and dietary changes, with support from nutritional supplements and herbs when appropriate. Large issues identified by the panel may require additional care. After reviewing your endobiogeny panel with you, one of our providers will recommend what you need to do to correct the identified issues.

### **Will Insurance Cover the Endobiogeny Panel?**

Any labs and office visits associated with the panel will be billed to insurance. However, special software tools used to analyze data and lab results cannot be billed to your insurance. As a result, certain portions of the endobiogeny panel will be billed to insurance and other portions will not be.

**Talk to a provider today about the Endo-Panel Analysis and how it can help you accomplish your health and life goals!**

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**At The Healing Sanctuary, we use the endobiogeny panel as a tool to help patients improve their overall health and well-being. Moreover, it is a potent tool that helps us to identify and treat chronic illness and diseases that often go unnoticed by typical and routine tests.**

**Do you**

- **Have health issues that seem undiagnosable?**
- **Struggle to control known medical conditions?**
- **Have a family history of illness or disease you want to avoid?**
- **Feel healthy and want to stay healthy?**

**If you answered yes to these questions or want to know more, continue reading to learn about the Endobiogeny Panel**

