



# IV NUTRITIONAL THERAPY

We live in a time when obtaining the needed amounts of vitamins, minerals, amino acids, and antioxidants are difficult with diet alone!

IV therapy is an amazingly easy method of delivering vitamins, minerals and amino acids into the body through the bloodstream. This method of delivering micronutrients is not a new concept and has been used for many years. Dr. John Meyers of Maryland pioneered the use of IV vitamins and minerals in the 20th century. He found the infusion of certain vitamins helped several conditions including depression, fatigue, and heart conditions. Since that time the infusion of vitamins and minerals on thousands of patients has shown to be very effective in supporting the treatment of numerous medical conditions.

## WHY IV?

When we consume foods or supplements in pill or liquid form, they need to travel through our digestive system before they can start being utilized by our bodies. It's estimated that as much as 50% of the population has issues with absorption in their digestive systems, meaning that they never get the full benefits of the nutrients that they take in. Pills, in particular, are associated with low absorption rates.

Vitamins and minerals in food break down during storage, cooking and metabolism. With a specially formulated IV therapy drip, you know that you are getting every bit of the benefit with the most efficient administration method possible.

When you send vitamins, minerals and hydration directly into the bloodstream, you bypass the digestive system altogether. There are no issues with substances being changed during metabolism or failing to be absorbed. Your body gets 100% of the benefit of these powerful ingredients that are exactly the right recipe for you.

## Benefits of IV Therapy?

IV Vitamin and Nutrients Infusions allow higher dosages of targeted supplements, with better absorption, and faster delivery to the cells throughout your body. Often a few weeks of therapy will:

1. Markedly improve symptoms related to chronic disease.
2. Allows quick and easy transition to the appropriate oral supplements.
  - Support your immune system to help fight off infection.
  - Improve your overall health
  - Give you more energy!

## How is IV Therapy Administered?

It starts with getting labs drawn and having them reviewed by your provider. The results of your baseline assessment will be used to determine which key nutrients will benefit you the most.

Even though IV therapy involves placing a needle into the arm, the experience is comfortable and almost pain free in our expert hands. A typical IV takes approximately 20 minutes to 1 hour to administer depending on the type of IV required.

IV Vitamin & Nutrient Infusions have been found to help with a variety of medical conditions such as those listed below:

Alzheimer's dementia	Arthritis	Chronic Epstein-Barr Virus	Eczema
Amyotrophic lateral sclerosis	Autoimmune illness	Scleroderma	Headaches
Anxiety	Cancer	Constipation	Hypertension
Asthma (acute & chronic)	Celiac disease	Depression	Immune disorders
Lymes Disease	Chronic Fatigue Syndrome	Diabetes mellitus	Macular degeneration
Multiple sclerosis	Neuropathy	Parkinson's disease	Shingles
Toxicity syndrome	Vitiligo		

Our treatments emphasize natural solutions. Typical treatments for vitamin and nutrient deficiency include:

1. An appropriate nutritional program
2. An appropriate vitamin/mineral/nutrient replacement program (including oral and/or IV replacement)

Intravenous vitamin and nutrient infusions may be administered once or twice a week. Often a few weeks of therapy will markedly improve symptoms related to chronic disease and allow the transition to the appropriate oral supplements. IV vitamin and nutrient infusions may offer the best alternative to improve your health and wellness naturally.

IV therapy with nutrients may be needed only a few times or needed a couple times weekly for an extended period of time. Your provider will make a specially formulated and custom plan just for you depending on your needs. Follow up with your provider after 6-8 weeks for additional treatment customization.

The greatest advantage to IV nutritional therapy is that the body gets vital nutrients, amino acids, vitamins and minerals immediately. Any condition that requires the body's immune system to combat a disease or illness can greatly benefit from this procedure.

Come enjoy the soothing and healing IV room at The Healing Sanctuary.