



# VSAT SCAN

## Vital Systems Assessment Test

VSAT stands for Vital Systems Assessment Test. It is a combination of three tests:  
Heart Rate Variability.  
Pulse Wave Velocity.  
Sudomotor Function.

### What is VSAT?

These three tests provide you and your doctor with detailed information about your risk for cardiovascular and neurological disease, often before other tests would show any abnormality.

VSAT testing is also sensitive to changes in medication and lifestyle. It quickly reflects improvements or disease progression. This allows you and your doctor to see if your treatments are working to increase your health.

Each test is backed up by dozens of years of use and hundreds of pages of scientific study showing safety and efficacy.

### VSAT is Fast and Pain-Free:

- Performing the three tests together requires only 20 minutes.
- No injections, blood draws, or treadmills. VSAT only requires topically applied sensors.
- A print out of your results, with plain explanations, is provided.

### Saves Lives and Quality of Life:

- VSAT testing provides vital information about your health before other tests do, allowing you and your doctor to intervene early to prevent further problems.
- One of the VSAT tests, Heart Rate Variability, is the only test for the risk of sudden cardiac death.
- One in every 100-150 VSAT tests done will lead to lifesaving intervention.

### Covered by Medicare and Insurance:

- VSAT testing is covered by Medicare, and most private pay insurance, for patient's who qualify for the test by medical necessity guidelines. The test may require a co-pay and/or go against your deductible.
- VSAT Medical provides your doctor's office with a detailed screening questionnaire to determine your eligibility
- You may be eligible for re-testing every year or more frequently if there are medication or other health changes.



 187 East 13th Street Idaho Falls, ID 83404

 208.497.0500

 The Healing Sanctuary LLC

 [www.healingsanctuary.clinic](http://www.healingsanctuary.clinic)