

## **Healing Adrenal**

- Combats chronic fatigue
- · Improves thinking & memory
- Enhances athletic endurance
- Improves physical recovery
- Reduces inflammation
- Supports body's natural defenses
- Reduces anxiety
- Normalizes blood sugar

These herbs enhance physical and mental performance, stimulate the nervous system, fight depression, and improve sleep. In addition, adrenal function is normalized, stress-induced fatigue is reduced, and gastrointestinal disease, rheumatoid arthritis, and epilepsy are improved on Healing Adrenal. These herbs also have an anti-tumor effect and antioxidant properties, as well as generally increase immunity.

## Suggested Use:

Take 2 capsules each morning, or as directed. *CAUTION:* Not to be used by pregnant women unless otherwise directed by your physician. If anticoagulants are being used, the International Normalized Ratios (INR) should be followed closely when taking this product.

## Other Ingredients:

Choline bitartrate, magnesium stearate, gelatin capsule.

## This formula includes:



Rhodiola (Rhodiola rosea)

Works to protect the cardiovascular system and stimulate the central nervous system by altering levels of nor-epinephrine and serotonin. It aids in the transport of neurotransmitters in the brain to help the body adapt to stressors.



**Eleuthero** (Eleutherococcus senticosus)

Contains chemicals that bind to estrogen, progestin, mineralocorticoid, and glucocorticoidreceptors. Studies have shown it reduces LDL cholesterol and improves LDL/HDL ratios.



**Ginseng** (Panax quinquefolium)
Significantly lowers serum glucose, regulates the central nervous system, and is associated with improvements in humoral and cellmediated immune response. Anti-cancer activity has been demonstrated with the use of ginseng. Note: Ginseng has an antagonistic effect on warfarin.



**Ashwagandha** (Withania somnifera) Represses pro-inflammatory gene expression, exhibits antioxidant effects in the brain, calms the central nervous system, and inhibits tumor growth.

The ingredients in this product are supplied by well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.